

LOSE 20 POUNDS IN 30 DAYS

Lose 20 lbs. in 30 days, without exercise and enjoy all the health benefits!

20/30 Member: Rich

AFTER:

BEFORE:



LOST 24.2 LBS AND 45 INCHES IN 30 DAYS!

Rich's health benefits are: deeper sleep, multiple sclerosis inhibited balance improved, more energy, clothes fit better, improved knowledge on portions and food choices, brain cravings gone, clearer thoughts, lowered stress, and overall sense of well-being!

Date: 5/10/2017- 6/14/2017

**Lifestyle
Wellness, LLC**

